

# ANTI-BULLYING



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# ANTI-BULLYING

Everybody has the right to be treated with respect and no one deserves to be a victim of bullying. Individuals who are bullying need to learn different ways of behaving.



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## ANTI-BULLYING

We are committed to providing a caring, friendly and safe environment for all of our members so they can participate in football in a relaxed and secure atmosphere.

Bullying of any kind is unacceptable in our league.

If bullying does occur, all league participants should be able to tell and know that incidents will be dealt with promptly.

The Junior Premier League is committed to playing its part to teach players to each other with respect.



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## WHAT IS BULLYING?

Bullying is the use of aggression with the intention of hurting another person. It results in pain and distress to the victim.

**Emotional** - being unfriendly, excluding (emotionally and physically) sending hurtful text messages, tormenting, (e.g. hiding football boots/shin guards, threatening gestures)

**Physical** - pushing, kicking, hitting, punching or any use of violence

**Sexual** - unwanted physical contact or sexually abusive comments

**Discrimination** - through racial comments, jokes about disabled people, sexist comments,

**Verbal name** - calling, sarcasm, spreading rumours, teasing

**Cyberbullying** - the misuse of digital technologies or communications to bully a person or a group, typically through messages or actions that are threatening and/or intended to cause offence, anxiety or humiliation.



## ANTI-BULLYING

People can be targeted for any reason, but people who bully others often target 'difference' and bullying can be a form of wider discrimination. For example, bullying behaviour may be:

**Racist:** Targeted at ethnicity, skin colour, and language, religious or cultural practices.

**Homophobic, biphobic and/or transphobic:** Targeted at actual or perceived sexuality and/or gender.

**Sexual and/or sexist:** Sexual and/or sexist behaviour that is intended to cause offence, humiliation or intimidation.

**Disablist:** Targeted at an impairment or special educational need.

**Targeting any 'difference':** Bullying behaviour can also be targeted at 'looks', weight and height, colour of hair, wearing glasses or braces, acne, psoriasis and eczema, scars, marks or conditions of the face or body, body odour, poverty, gifts and talents or family situation (e.g. divorce, bereavement, homelessness).



# ANTI-BULLYING

## PROCEDURES

Report bullying incidents to the League Welfare Officer via email to [childwelfare@junior-premier.co.uk](mailto:childwelfare@junior-premier.co.uk)  
Parents/carers of all parties will be informed and will be asked to come in to a meeting to discuss the problem.

If necessary and appropriate, the police will be consulted.

The bullying behaviour or threats of bullying must be investigated and the bullying stopped quickly.

An attempt will be made to help the bully (bullies) change their behaviour.

If mediation fails and the bullying is seen to continue the league will initiate disciplinary action the league constitution.

